



**612-436-4700 | [www.yogacentermpls.com](http://www.yogacentermpls.com) | [info@yogacentermpls.com](mailto:info@yogacentermpls.com)**  
**MPLS Studio:** 212 3rd Ave. N. Suite 205 in Downtown Minneapolis | **SLP Studio:** 4200 Minnetonka Blvd. in St. Louis Park

## **9 Month Long Yoga 230 Hour Yoga Study Program Application**

### **Send or drop off this application to:**

Yoga Center of Minneapolis  
Attn: Jennifer Gray  
212 3rd Ave. N. Suite 205  
Minneapolis, MN 55401

You may also fill the information out in an email or Word document and email it to us at:  
[info@yogacentermpls.com](mailto:info@yogacentermpls.com).

Include your payment with your application. A minimum deposit of \$540 is needed to reserve your space. You must also register for the training either online, by calling 612.436.4700, or by stopping in the studio in person. Get your application as soon as possible as we have a limited number of spaces.

### **Fill Out the Following Information:**

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_

How Did You Hear About Us? \_\_\_\_\_

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## Payment Info: (Select One)

\_\_\_\_\_ \$3000 Check Included - Full Payment

\_\_\_\_\_ \$540 Monthly Payment Plan. Call 612.436.4700 for details.

\_\_\_\_\_ Please charge my credit card

CC#: \_\_\_\_\_ Exp. Date: \_\_\_\_\_ / \_\_\_\_\_

## Yoga Study Program Policy

Pre-registration and pre-payment is required. A deposit of \$540 reserves your space. Please register early, as space is limited. For more detailed information, call us at 612.436.4700. Reservations guaranteed only upon full payment.

## Cancellation Policy

Each course fee includes a NON-REFUNDABLE \$45 registration charge. Cancellation 60 days prior to the start date receive 100% refund of deposit less \$45 registration fee. Cancellation 30-59 days prior to the start date receive 50% refund of deposit less \$45 registration fee. For cancellations less than 30 days before the start date, we will only be able to issue a refund or studio credit (less a \$45 processing fee) if you are able to find a replacement for your reserved space. Cancellations within 48 hours of the start of the start date, if you do not show up, or if you leave the Yoga Study program early for any reason, no credit or refund is available. Registrants who do not submit the requested deposit by the specified deadline or 30 days prior to the start date will lose their reserved status in the Yoga Study program, and waitlisted students may fill these spaces at that time. We will contact you via phone or email prior to removing your name from the Yoga Study list. The Yoga Center of Minneapolis reserves the right to cancel any program at any time. If this is necessary, we will issue a full refund.

## Please answer the following questions so that we can better understand your history and expectations of the program.

You may attach added sheets as needed in either a Word Doc, email or written on paper.

I. Please tell us about your self and your history with yoga.

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2. Do you currently teach yoga? If so, please describe.

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3. With whom have you studied and for how long?

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4. Please describe your current yoga and/or meditation practice.

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5. How has yoga affected or changed your life?

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6. Why do you want to become a yoga instructor?

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7. Please describe yourself in a group setting and what you might bring to this program.

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8. Have you ever been inspired or influenced by a yoga instructor? Please describe.

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9. Why are you interested in this particular program?

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10. What other interests do you have that you feel will contribute to your ability to teach?

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11. What are your expectations and what do you hope to gain from this experience?

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